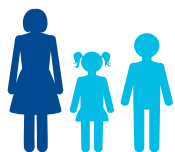


ADMISSION GUIDANCE



Parent supervision ratio for children under eight should be:

1:2



This ratio could be increased (eg. by use of approved swimming aids)...

1:3



...or, circumstances could reduce it (eg. flumes and inflatables)

1:1

FAMILY SWIM: General swimming + flume aimed at families

FITNESS SWIM: A public lane session where users are permitted to train using swimming aids such as fins, flippers, kick boards and pool buoys.

Please note: For safety reasons users of the pool inflatable must be a competent swimmer and lifeguards have the discretion to restrict use. Children under the age of 8 must be accompanied by a responsible adult aged 16 years or above in the pool. To attend Aqua Fit and Aqua Jog sessions you must be at least 15 years of age or above.

Please queue and collect coloured bands for all Aqua Fun sessions at reception. Entry may be restricted due to pool maximum bather load.

We reserve the right to change the pool timetable without prior notice.

t: **01246 242 365**

w: **goactive.org.uk**

Opening times:

Mon – Fri: **6am – 9pm**

Sat and Sun: **8am – 6pm**

e: **enquiries@goactive.org.uk**

memberships@goactive.org.uk

 **@GoActiveTheArc**

 **@goactivethearc**

We Speak Your Language

Polish

Mówimy Twoim językiem

Slovak

Rozprávame Vaším jazykom

Chinese

我们会说你的语言

If you require this in large print or another format please call us on

01246 242424

Designed and printed by Bolsover District Council

Go! Swim



Pool Timetables

Go! Active
@The Arc

High Street, Clowne S43 4JY
www.goactive.org.uk

Bolsover
District Council





Main Pool Timetable

Number of lanes allocated for each session: 1 2 3
4 5 6

For the latest timetables and information please visit: www.goactive.org.uk

	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21
MON		Public Swim 3 Lane Swim 3		Staff Training 6			Public Swim 3 Fitness 3 Lane Swim 3		Schools 4 Lane Swim 2		Public Swim 3 Lane Swim 3 Learn to Swim 3		Public Swim 2 CSC 1 Learn to Swim 3	Public Swim 3† Lane Swim 3	Public Swim 3	
TUE		Public Swim 3 Lane Swim 3			Aqua Fit 6		Public Swim 3 Lane Swim 3	Aqua Jog 6	Schools 4 Lane Swim 2		Public Swim 3 Lane Swim 3		Flume & mats 6	Aqua Fit 6	Public Swim 3 Lane Swim 3	
WED		Public Swim 3 Lane Swim 3					Public Swim 4 Lane Swim 2		Schools 4		Public Swim 3 Lane Swim 3		P.S.*2 LtS*4	Aqua Jog 6	Public Swim 3 Fitness Swim 3	
THU		Public Swim 3 Lane Swim 3		Aqua Fit 6		Schools 4 Lane Swim 2	Public Swim 3 Lane Swim 3		Schools 4 Lane Swim 2		Aqua Fit 6		Learn to Swim 3 Public Swim 3	LtS*3 CSC 1	LtS*2 Chesterfield Swimming Club 2	Lane Swim 2 Public Swim 2
FRI		Public Swim 3 Lane Swim 3				Schools 4 Lane Swim 2	Public Swim 3 Lane Swim 3		Schools 4 Lane Swim 2		Learn to Swim 3 Public Swim 3		Flume & mats 6	Aqua Jog 6	Aqua Fit 6	
SAT				Learn to Swim 3 Lane Swim 3		Public Swim 3		Flume & inflatable 6	Flume & inflatable 6	Party Hire 6	Party Hire 6	Party Hire 6				
SUN			Public Swim 3 Lane Swim 3		Family Swim and Flume Session 6							Public Swim 3 Lane Swim 3	Private Hire 6			

Small Pool Timetable

MON	POOL CLOSED			Staff Training		Adult & Child Learn to Swim		Schools	Adult & Child Learn to Swim		Learn to Swim		Public Swim	
TUE	POOL CLOSED		A&C LtS*	POOL CLOSED	Public Swim	POOL CLOSED		Schools	Adult & Child Learn to Swim		Learn to Swim	Flume & mats 6	POOL CLOSED	
WED	POOL CLOSED				Toddler & Toys Swim		A&C LtS*	Schools	Adult & Child Learn to Swim		Learn to Swim		POOL CLOSED	
THU	POOL CLOSED				Schools	Public Swim	A&C LtS*	Schools	POOL CLOSED		Learn to Swim		Public Swim	
FRI	POOL CLOSED				Schools	Adult & Child Learn to Swim		Schools			Learn to Swim	Flume & mats 6	POOL CLOSED	
SAT	POOL CLOSED				Learn to Swim		F&I	F&I					POOL CLOSED	
SUN	POOL CLOSED				Family Swim and Flume Session						Learn to Swim		POOL CLOSED	

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March 2023

We reserve the right to change the pool timetable without prior notice.

†= Closed for staff training last Monday of each month, *P.S.=Public Swim, A&C=Adult and Child, LtS=Learn to Swim, CSC=Chesterfield Swimming Club, F&I=Flume and inflatable