

# Go! Play



For more information call  
**01246 242 365**

**Go! Active**  
@The Arc

High Street, Clowne S43 4JY  
[www.goactive.org.uk](http://www.goactive.org.uk)



**Bolsover**  
District Council



## Badminton

Whether you want to play for fun or want a more serious game, we have badminton sessions available for all ages and abilities.

You can either just book a court throughout the week (£7.70 non-member or £6 members) by telephoning **01246 242 365** or attend our instructor led sessions every Sunday from 11am-12noon and 12noon- 1pm which cost £2 per session.

To book a court, please call **01246 242 365** or members can book via the Go! Active app or website.

*"I have been going to the Sunday morning badminton session for over a year now and it is a brilliant session."*

## Futsal

Our Futsal sessions could be the start of a glittering career for your child.

Futsal is played with a small weighted ball and helps to develop ball control, quick thinking, passing, dribbling, balance and concentration.

Our UEFA licensed coaches run courses throughout the year for girls and boys aged 5 to 13 years for them to come and test their skills and learn new techniques. Our experienced staff make sure the weekly sessions are delivered in a fun, yet challenging way.

The sessions take place on:

- ✓ Tuesdays from 4-5pm
- ✓ Fridays from 4-5pm

Sessions are £3.50 each and to book a place please call **01246 242 571** or email [adam.norman@bolsover.gov.uk](mailto:adam.norman@bolsover.gov.uk)

**PLEASE NOTE: NO SESSIONS WILL TAKE PLACE DURING SCHOOL HOLIDAYS.**





## Netball

Netball is an exciting team sport which is fun, safe and has a positive impact on health and well-being.

So, whether you are new to netball or want to return to the sport, our Monday night sessions have something for everyone.

The sessions are as follows:

- ✓ 6-7pm 8-15 years
- ✓ 7-8pm 16+ years

The costs is £2.50 per session (first session is free) and there is no need to book, just turn up and join in the fun.

## Walking Football

A slow-paced version of the beautiful game aimed at the over 50s. It's a great way to get fit and stay healthy with all fitness levels and abilities catered for.

The session takes place every Monday from 11am-12noon and costs £3 per session with your first session free.

No need to book, just turn up and play.



## Social Activity Hub

A great way to stay active while socialising and meeting new people. With all fitness levels catered for, you can take part in activities such as badminton, boccia, table tennis, kurling and more. You'll be enjoying yourself so much you won't even notice that you're actually having a workout!

Held every Friday between 10am-12noon.

We also stage a specific badminton and table tennis hub every Wednesday between 9-11am.

These sessions are free to 365 and single inclusive members, but costs £3 per session for non-members (first session is free) and places must be pre-booked via **01246 242 365** or the members website or app.

*"The Over 50's club is great, you do what you want to do without any pressure from the organisers. Everyone that attends are pleasant and welcoming and it is just good fun. You sit and chat with a free coffee in between activities."*



Please note, we reserve the right to change the times and dates of sessions without prior notice.



High Street, Clowne,  
Derbyshire S43 4JY

t: **01246 242 365**

w: **goactive.org.uk**

e: **enquiries@goactive.org.uk**  
**memberships@goactive.org.uk**

### Opening times:

Mon – Fri: **6am – 9pm**

Sat and Sun: **8am – 6pm**

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