



Pool Timetables



High Street, Clowne S43 4JY
www.goactive.org.uk





Main Pool Timetable

Number of lanes allocated for each session:
1 2 3
4 5 6

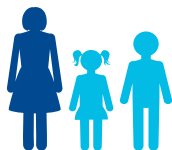
For the latest timetables and information please visit: www.goactive.org.uk

| | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 |
|-----|---|------------------------------|------------------------------|---------------------------------|------------------------------|--------------------------------|----------------------------------|------------------------------|----------------------------------|--|--|-------------|-------------------------------|----|----|----|
| MON | | Public Swim ③ Lane Swim ③ | | Staff Training ⑥ | | Adult LtS* ③ Fitness Swim ③ | Public Swim ③ Lane Swim ③ | Schools ④ Lane Swim ② | Public Swim ③ Lane Swim ③ | Learn to Swim ③ Public Swim ③ | LtS ② Public Swim ② Chesterfield Swimming Club ② | Lane Swim ② | | | | |
| TUE | | Public Swim ③ Lane Swim ③ | | Aqua Fit ⑥ | Public Swim ③ Lane Swim ③ | Aqua Jog ⑥ | | Schools ④ Lane Swim ② | Public Swim ③ Lane Swim ③ | Learn to Swim ③ Public Swim ③ | Aqua Fun Flume Session ⑥ | Aqua Fit ⑥ | Public Swim ③ Lane Swim ③ | | | |
| WED | | Public Swim ③ Lane Swim ③ | | Public Swim ④ Lane Swim ② | | | | Schools ④ | Public Swim ③ Lane Swim ③ | Learn to Swim ③ Public Swim ③ | | Aqua Jog ⑥ | Lane Swim ③ Fitness Swim ③ | | | |
| THU | | Public Swim ③ Lane Swim ③ | | Aqua Fit ⑥ | Schools ④ Lane Swim ② | Public Swim ③ Lane Swim ③ | Schools ④ | Aqua Fit ⑥ | Learn to Swim ③ Public Swim ③ | LtS ② Public Swim ② Chesterfield Swimming Club ② | Lane Swim ② | | | | | |
| FRI | | Public Swim ③ Lane Swim ③ | | Schools ④ | Public Swim ③ Lane Swim ② | Schools ④ | Learn to Swim ③ Public Swim ③ | Aqua Fun Flume Session ⑥ | Aqua Jog ⑥ | Aqua Fit ⑥ | | | | | | |
| SAT | | | Public Swim ③ Lane Swim ③ | Learn to Swim ③ | | Aqua Fun ⑥ | Aqua Fun ⑥ | Party Hire ⑥ | Party Hire ⑥ | Party Hire ⑥ | | | | | | |
| SUN | | | Public Swim ③ Lane Swim ③ | Family Swim and Flume Session ⑥ | | Aqua Fun ⑥ | Aqua Fun ⑥ | Public Swim ③ Lane Swim ③ | Private Hire ⑥ | | | | | | | |

Small Pool Timetable

| | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 |
|-----|-------------|---|----------|-------------------------------|---------------------|-------------|----------|-----------------------------|------------------------|------------------------|-------------|----|----|----|----|----|
| MON | POOL CLOSED | | | Staff Training | Adult Learn to Swim | Public Swim | Schools | Adult & Child Learn to Swim | Learn to Swim | Public Swim | | | | | | |
| TUE | POOL CLOSED | | A&C LtS* | POOL CLOSED | Public Swim | POOL CLOSED | Schools | Adult & Child Learn to Swim | Learn to Swim | Aqua Fun Flume Session | POOL CLOSED | | | | | |
| WED | POOL CLOSED | | | Public Swim | | A&C LtS* | Schools | Adult & Child Learn to Swim | Learn to Swim | POOL CLOSED | | | | | | |
| THU | POOL CLOSED | | | Schools | Public Swim | A&C LtS* | Schools | POOL CLOSED | Learn to Swim | Public Swim | | | | | | |
| FRI | POOL CLOSED | | | Schools | Public Swim | A&C LtS* | Schools | Learn to Swim | Aqua Fun Flume Session | POOL CLOSED | | | | | | |
| SAT | POOL CLOSED | | | Learn to Swim | POOL CLOSED | Aqua Fun | Aqua Fun | POOL CLOSED | | | | | | | | |
| SUN | POOL CLOSED | | | Family Swim and Flume Session | POOL CLOSED | Aqua Fun | Aqua Fun | Public Swim | POOL CLOSED | | | | | | | |

ADMISSION GUIDANCE



Parent supervision ratio for children under eight should be:

1:2



This ratio could be increased (eg. by use of approved swimming aids)...

1:3



...or, circumstances could reduce it (eg. flumes and inflatables)

1:1

AQUA FUN: Flume + mats + inflatable

AQUA FUN FLUME SESSIONS: Flume + mats

FAMILY SWIM: General swimming + flume aimed at families

FITNESS SWIM: A public lane session where users are permitted to train using swimming aids such as fins, flippers, kick boards and pool buoys.

Please note: For safety reasons users of the pool inflatable must be a competent swimmer and lifeguards have the discretion to restrict use. Children under the age of 8 must be accompanied by a responsible adult aged 16 years or above in the pool. To attend Aqua Fit and Aqua Jog sessions you must be at least 15 years of age or above.

Please queue and collect coloured bands for all Aqua Fun sessions at reception. Entry may be restricted due to pool maximum bather load.

We reserve the right to change the pool timetable without prior notice.

t: **01246 242 365**

w: **goactive.org.uk**

Opening times:

Mon – Fri: **6am – 9pm**

Sat and Sun: **8am – 6pm**

e: **enquiries@goactive.org.uk**

memberships@goactive.org.uk



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