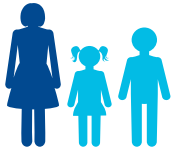
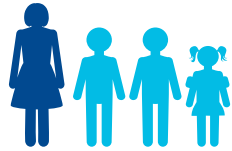


## ADMISSION GUIDANCE



Parent supervision ratio for children under eight should be:

# 1:2



This ratio could be increased (eg. by use of approved swimming aids)...

# 1:3



...or, circumstances could reduce it (eg. flumes and inflatables)

# 1:1

**FAMILY SWIM:** General swimming + flume aimed at families

**FITNESS SWIM:** A public lane session where users are permitted to train using swimming aids such as fins, flippers, kick boards and pool buoys.

**AQUA FUN:** Flume + inflatable

**AQUA FUN FLUME:** Flume + mats

**AQUA FUN MATS:** Mats

**AQUA FUN INFLATABLE:** Inflatable

**Please note:** For safety reasons users of the pool inflatable must be a competent swimmer and lifeguards have the discretion to restrict use. Children under the age of 8 must be accompanied by a responsible adult aged 16 years or above in the pool. To attend Aqua Fit and Aqua Jog sessions you must be at least 15 years of age or above.

Please queue and collect coloured bands for all Aqua Fun sessions at reception. Entry may be restricted due to pool maximum bather load.

We reserve the right to change the pool timetable without prior notice.

t: **01246 242 365**

w: **goactive.org.uk**

**Opening times:**

Mon – Fri: **6am – 9pm**

Sat and Sun: **8am – 6pm**

e: **enquiries@goactive.org.uk**

**memberships@goactive.org.uk**

 **GoActiveTheArc**

 **@GoActiveTheArc**

 **@goactivethearc**

### We Speak Your Language

#### Polish

Mówimy Twoim językiem

#### Slovak

Rozprávame Vaším jazykom

#### Chinese

我们会说你的语言

If you require this in large print or another format please call us on

**01246 242424**



# School Holiday Pool Timetables

Monday 30 May - Sunday 5 June



High Street, Clowne S43 4JY  
[www.goactive.org.uk](http://www.goactive.org.uk)





# School Holiday Pool Timetables

Number of lanes allocated for each session: 1 2 3  
4 5 6

For the latest timetables and information please visit: [www.goactive.org.uk](http://www.goactive.org.uk)

|     | 6                                 | 7 | 8                               | 9                | 10               | 11               | 12               | 13                    | 14               | 15   | 16                           | 17    | 18   | 19                              | 20                           | 21 |  |
|-----|-----------------------------------|---|---------------------------------|------------------|------------------|------------------|------------------|-----------------------|------------------|--|------------------------------|-------|--|---------------------------------|------------------------------|----|--|
| MON | Public Swim ③<br>Lane Swim ③      |   |                                 | Staff Training ⑥ |                  | Aqua Fun Mats ⑥  | P.S. ③<br>L.S. ③ | Aqua Fun ⑥            | Aqua Fun ⑥       | Public Swim ③<br>Lane Swim ③<br>Learn to Swim ③<br>Lane Swim ③ |                              |       |  |                                 |                              |    |  |
| TUE | Public Swim ③<br>Lane Swim ③      |   |                                 |                  | Aqua Fit ⑥       | Aqua Fun Flume ⑥ | Aqua Jog ⑥       | Aqua Fun Flume ⑥      | Aqua Fun Flume ⑥ | Public Swim ③<br>Lane Swim ③<br>Learn to Swim ③                |                              |       | Aqua Fun Flume ⑥   | Aqua Fit ⑥                      | Public Swim ③<br>Lane Swim ③ |    |  |
| WED | Adult Swim ③<br>Adult Lane Swim ③ |   |                                 |                  |                  | Aqua Fun Flume ⑥ | P.S. ③<br>L.S. ③ | Aqua Fun Inflatable ⑥ | Aqua Fun ⑥       | Public Swim ③<br>Lane Swim ③<br>Learn to Swim ③                |                              |       | Aqua Jog ⑥   | Public Swim ③<br>Fitness Swim ③ |                              |    |  |
| THU | Public Swim ③<br>Lane Swim ③      |   | Aqua Fit ⑥                      | P.S. ③<br>L.S. ③ | Aqua Fun Flume ⑥ | P.S. ③<br>L.S. ③ | Aqua Fun Mats ⑥  | Aqua Fun Flume ⑥      | Aqua Fit ⑥       | Learn to Swim ③<br>Public Swim ③                               |                              | LtS ② | Lane Swim ②<br>Public Swim ②<br>Chesterfield Swimming Club ② |                                 |                              |    |  |
| FRI | Public Swim ③<br>Lane Swim ③      |   |                                 |                  |                  | Aqua Fun Mats ⑥  | P.S. ③<br>L.S. ③ | Aqua Fun Mats ⑥       | Aqua Fun Flume ⑥ | Public Swim ③<br>Lane Swim ③<br>Learn to Swim ③                |                              |       | Aqua Fun Flume ⑥   | Aqua Jog ⑥                      | Aqua Fit ⑥                   |    |  |
| SAT | Learn to Swim ③<br>Lane Swim ③    |   |                                 | Public Swim ③    |                  |                  | Aqua Fun ⑥       | Aqua Fun ⑥            | Party Hire ⑥     | Party Hire ⑥   | Party Hire ⑥                 |       |  |                                 |                              |    |  |
| SUN | Public Swim ③<br>Lane Swim ③      |   | Family Swim and Flume Session ⑥ |                  |                  |                  |                  |                       | Learn to Swim ③  |  | Public Swim ③<br>Lane Swim ③ |       | Private Hire ⑥   |                                 |                              |    |  |

## Small Pool Timetable

| MON | POOL CLOSED | Staff Training                | Adult & Child LtS* | Aqua Fun    | Aqua Fun    | Adult & Child Learn to Swim | Learn to Swim               | Public Swim                 |               |                |             |
|-----|-------------|-------------------------------|--------------------|-------------|-------------|-----------------------------|-----------------------------|-----------------------------|---------------|----------------|-------------|
| TUE | POOL CLOSED | Adult & Child Learn to Swim   | POOL CLOSED        | Aqua FF     | POOL CLOSED | Aqua FF                     | Aqua FF                     | Adult & Child Learn to Swim | Learn to Swim | Aqua Fun Flume | POOL CLOSED |
| WED | POOL CLOSED | Public Swim                   | Aqua FF            | Public Swim | A&C LtS*    | Aqua Fun                    | Adult & Child Learn to Swim | Learn to Swim               | POOL CLOSED   |                |             |
| THU | POOL CLOSED | Public Swim                   | Aqua FF            | Public Swim | A&C LtS*    | Aqua FF                     | POOL CLOSED                 | Learn to Swim               | Public Swim   |                |             |
| FRI | POOL CLOSED | Public Swim                   | Adult & Child LtS* | Aqua FF     | Public Swim | Learn to Swim               | Aqua Fun Flume              | POOL CLOSED                 |               |                |             |
| SAT | POOL CLOSED | Learn to Swim                 | Aqua Fun           | Aqua Fun    | POOL CLOSED | POOL CLOSED                 | POOL CLOSED                 |                             |               |                |             |
| SUN | POOL CLOSED | Family Swim and Flume Session |                    |             |             | Learn to Swim               | POOL CLOSED                 | POOL CLOSED                 |               |                |             |