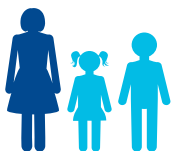


ADMISSION GUIDANCE



Parent supervision ratio for children under eight should be:

1:2



This ratio could be increased (eg. by use of approved swimming aids)...

1:3



...or, circumstances could reduce it (eg. flumes and inflatables)

1:1

FAMILY SWIM: General swimming + flume aimed at families

FITNESS SWIM: A public lane session where users are permitted to train using swimming aids such as fins, flippers, kick boards and pool buoys.

Please note: For safety reasons users of the pool inflatable must be a competent swimmer and lifeguards have the discretion to restrict use. Children under the age of 8 must be accompanied by a responsible adult aged 16 years or above in the pool. To attend Aqua Fit and Aqua Jog sessions you must be at least 15 years of age or above.

Please queue and collect coloured bands for all Aqua Fun sessions at reception. Entry may be restricted due to pool maximum bather load.

We reserve the right to change the pool timetable without prior notice.

t: **01246 242 365**

w: **goactive.org.uk**

Opening times:

Mon – Fri: **6am – 9pm**

Sat and Sun: **8am – 6pm**

e: **enquiries@goactive.org.uk**

memberships@goactive.org.uk

 **@GoActiveTheArc**

 **@goactivethearc**

We Speak Your Language

Polish

Mówimy Twoim językiem

Slovak

Rozprávame Vaším jazykom

Chinese

我们会说你的语言

If you require this in large print or another format please call us on

01246 242424

Designed and printed by Bolsover District Council 22-818



Summer Holiday Pool Timetables

Monday 25 July - Sunday 4 September



High Street, Clowne S43 4JY
www.goactive.org.uk





School Holiday Pool Timetables

Number of lanes allocated for each session: 1 2 3
4 5 6

For the latest timetables and information please visit: www.goactive.org.uk

	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	
MON	Public Swim ③ Lane Swim ③			Staff Training ⑥		Mats ⑥	PS ③ LS ③	Flume ⑥	Flume ⑥	Public Swim ③ Lane Swim ③ Learn to Swim ③							
TUE	Public Swim ③ Lane Swim ③				Aqua Fit ⑥	Flume ⑥	Aqua Jog ⑥	Flume ⑥	Flume ⑥	Public Swim ③ Lane Swim ③ Learn to Swim ③			Flume ⑥	Aqua Fit ⑥	Public Swim ③ Lane Swim ③		
WED	Adult Swim ③ Adult Lane Swim ③					Flume ⑥	PS ③ LS ③	Mats ⑥	Flume ⑥	Public Swim ③ Lane Swim ③ Learn to Swim ③				Aqua Jog ⑥	Public Swim ③ Fitness Swim ③		
THU	Public Swim ③ Lane Swim ③			Aqua Fit ⑥	PS ③ LS ③	Flume ⑥	PS ③ LS ③	Mats ⑥	Flume ⑥	Aqua Fit ⑥	Learn to Swim ③ Public Swim ③		LtS ②	Lane Swim ② Public Swim ② Chesterfield Swimming Club ②			
FRI	Public Swim ③ Lane Swim ③					Mats ⑥	PS ③ LS ③	Mats ⑥	Flume ⑥	Public Swim ③ Lane Swim ③ Learn to Swim ③			Flume ⑥	Aqua Jog ⑥	Aqua Fit ⑥		
SAT	Lane Swim ③			Learn to Swim ③			Public Swim ③		Flume & inflatable ⑥	Flume & inflatable ⑥	Party Hire ⑥	Party Hire ⑥	Party Hire ⑥				
SUN	Public Swim ③ Lane Swim ③		Family Swim and Flume Session ⑥						Learn to Swim ③		Public Swim ③ Lane Swim ③		Private Hire ⑥				

Small Pool Timetable

MON	POOL CLOSED		Staff Training		Adult & Child LtS*		Flume ⑥	Flume ⑥	Adult & Child Learn to Swim	Learn to Swim		Public Swim				
TUE	POOL CLOSED		Adult & Child Learn to Swim	POOL CLOSED		Flume ⑥	POOL CLOSED	Flume ⑥	Flume ⑥	Adult & Child Learn to Swim	Learn to Swim		Flume ⑥	POOL CLOSED		
WED	POOL CLOSED		Public Swim		Flume ⑥	Public Swim	A&C LtS*	Flume ⑥	Adult & Child Learn to Swim	Learn to Swim		POOL CLOSED				
THU	POOL CLOSED			Public Swim	Flume ⑥	Public Swim	A&C LtS*	Flume ⑥	POOL CLOSED	Learn to Swim		Public Swim				
FRI	POOL CLOSED		Public Swim		Adult & Child LtS*			Flume ⑥	Public Swim	Learn to Swim		Flume ⑥	POOL CLOSED			
SAT	POOL CLOSED		Learn to Swim				F&I	F&I	POOL CLOSED							
SUN	POOL CLOSED		Family Swim and Flume Session						Learn to Swim		POOL CLOSED					